



Complete Meals

One cannot think well, love well, sleep well if one has not dined well.
- Virginia Woolf, English Novelist



Food Insecurity & the Aging Americans

- **34 million people**, including 9 million children are food insecure, meaning they aren't sure where their next meal is coming from.
- Studies have showed that **1 in 3 patients** that enter the hospital are malnourished
- **Medically tailored meals are innovative and a low-cost response** showed to:
 - Reduce ED visits by 70%
 - Reduce inpatient admits by 52%
 - 16% decrease in healthcare costs over 5 years
- **Magic Kitchen, INC uses MKMeals to service MLTC, Waiver, Medicaid, Areas of Aging Agencies, Programs of All-Inclusive Care for the Elderly, and HMO contracts** to provide meals to these participants. We service all ages, genders, ethnicities, and disability.
- **Many recipients are elderly**, coping with multiple illnesses who are unable to shop or cook on their own, but there are also a small demographic of children fighting diseases, whose parents don't have time or resources to make sure their child has optimal health.





What Sets Us Apart

Magic Kitchen, INC was founded in 2005, beginning in Northern California. In 2017, the company relocated to Kansas City, KS. Magic Kitchen, INC is Medicaid approved in 9 states, with pending approval in 12 states. Apart from contracts, we can also provide single case agreements.

Delivery:

UPS Delivery to ALL counties in the continental US, even rural areas

We offer meal choices!

Members can choose their meals by Phone,
Online, or with the new Mobile App

NPI: 1023363983

EIN: 20-4010796



NPI #1023363983

TIN #20-4010796

FAX # 1-816-492-3221



Information for Case Managers

Submitting a referral can be done one of the following ways:

01



Fax to (816)492-3221

02



E-mail to intake@magickitchen.com

03



On our website at
<https://www.magickitchen.com/meal-delivery/meal-service-referral-form.html>

We guarantee referrals will be processed in 2 business days! If you have any questions about the process, please call us and we would be happy to walk you through our process!

Live Customer Service Representatives

(800) 766-1765 or (816) 492-3220
M-F: 8am-5pm CST,
Weekends: 9am-3pm



Initial call to set-up customer, discuss menu options, likes/dislikes, allergies, and health conditions.



Each participant is fitted with a friendly customer service representative based on their region.



Ongoing support to ensure customer is eating the meals and enjoying their options.

How do the meals arrive?

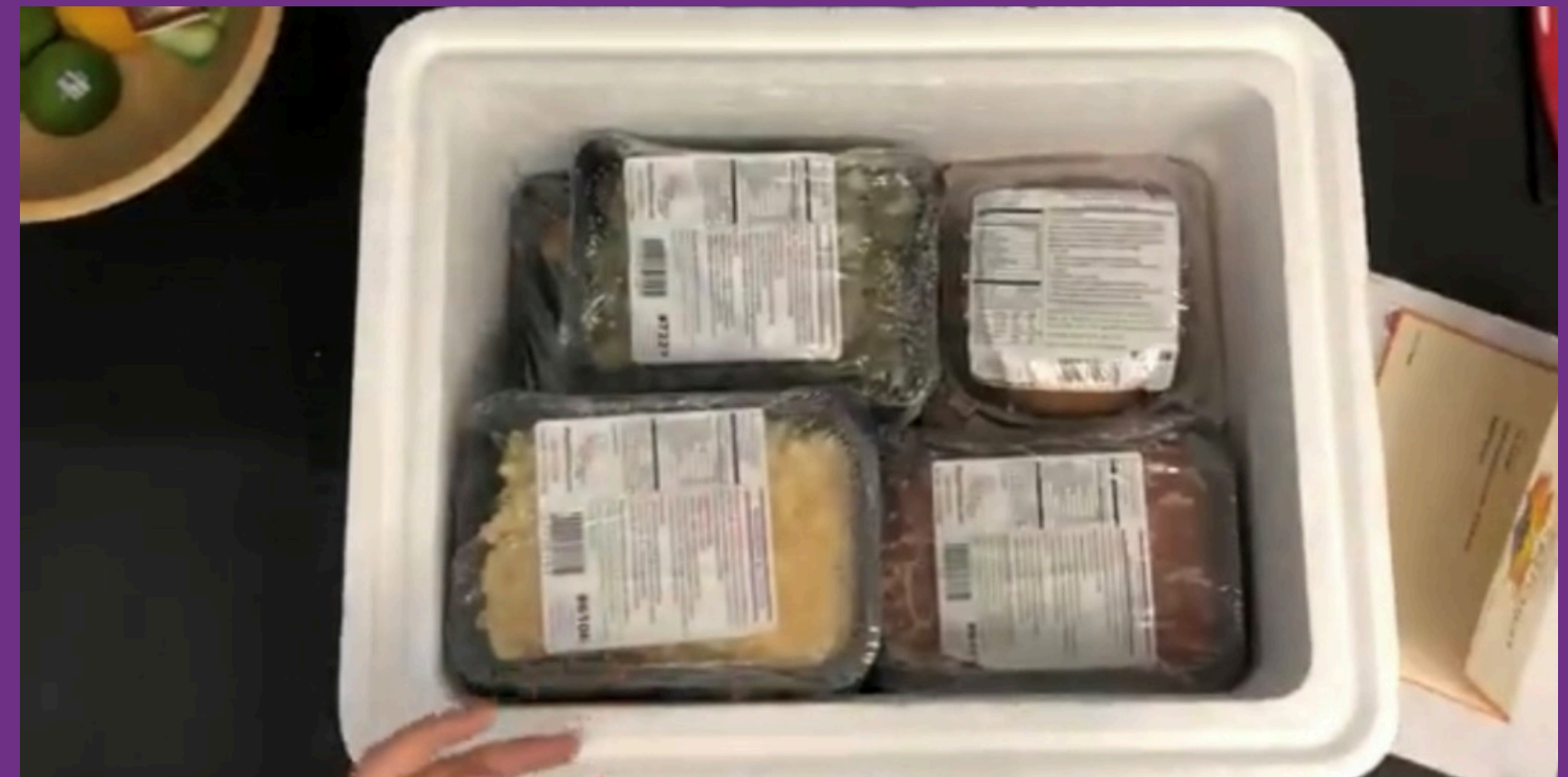
ECO-FRIENDLY PACKAGING

All coolers and packaging are recyclable.



STACKABLE MEALS

- *Participants can refrigerate meals up to 5 days, and freeze up to 6 months.*
- *Containers can be recycled.*



Magic Kitchen, INC Complete Meals

Medically Tailored Menu Options

-  General Wellness
-  Low Sodium
-  Diabetic-Friendly
-  Dialysis-Friendly
-  Renal (CKD Stages 3&4)
-  Portion-Controlled
-  Dysphagia

Special Requests

- Dairy free
- Gluten-free
- Vegetarian
- Pescetarian
- Pork-free
- Low Carb
- Low Fat
- Heart Healthy



Breakfast Menu



Breakfast Scramble w Asparagus & Hash Browns

Cheese Omelet & Salsa, Broccoli & Hash Browns

Cheese Omelet with Peppers & Onions, Diced Red Potatoes & Diced Pears

Cheese Omelet with Roasted Potatoes

Crustless Spinach Quiche (2 svgs)

Egg Patty with Onions & Peppers and Roasted Potatoes

Egg Patty with Roasted Potatoes & Grits

French Toast & Sausage with Applesauce and Hash Browns

French Toast with Turkey Sausage Patty, Potatoes and Strawberries

Fried Egg Patties, Sweet Potatoes & Asparagus

Pancakes with Turkey Sausage, Roasted Potatoes & Blueberry Sauce

Sausage Egg & Cheese Croissant

Sausage Patties & Biscuit with Country Gravy, Hash Browns & Cinnamon Apples

Sausage, Egg, and Cheese Burrito with Salsa, Applesauce and Hash Browns

Waffles w Turkey Sausage & Strawberries

Waffle w Egg Patty & Strawberries

Whole Grain Pancake & Sausages, Sweet Potatoes & Cinnamon Apples

Try Our New Meal Packs!



Lunch & Dinner Meal Pack A

Chicken with Sweet & Sour Sauce, Rice and Blended Vegetables

Breaded Chicken Parmesan, with Pasta with Broccoli

Beef and Broccoli over Noodles & Vegetable Blend

Stuffed Shells with Tomato Sauce, Mozzarella Cheese & Blended Vegetables

Crunchy Breaded Fish Mac & Cheese and Brussel Sprouts

Breaded Chicken Stuffed with Broccoli & Cheese with Gravy, Mashed Potatoes & Spinach

Breaded Chicken Florentine w/Gravy, Mashed Potatoes and Carrots

Beef Patty with Roasted Potatoes & Green Beans



Lunch & Dinner Meal Pack B

White Meat Chicken with BBQ Sauce, Sweet Mashed Potatoes & Cauliflower

Balsamic Glazed Chicken with Roasted Potatoes & Green Beans

Chicken Meatballs with Creamy Brown Gravy, Noodles & Spinach

Cheese Lasagna with Tomato Sauce & Blended Vegetables

Beef and Broccoli over Noodles & Vegetable Blend

Stuffed Shells with Tomato Sauce, Mozzarella Cheese & Blended Vegetables

Beef Meatloaf with Mushroom Gravy, Mashed Potatoes, Carrots

White Meat Chicken with Country Gravy, Mashed Potatoes & Collard Greens



Lunch & Dinner Meal Pack C

Chicken Patty & Penne Pasta Alfredo with Carrots and Butternut Squash

Chicken Tenders over Zesty Orange Rice with Bean Blend and Three Seasons Blend

Pork Patty and Rice with Roasted Garlic Gravy and Succotash Carrots

Beef Meatballs & Alfredo Shell Pasta, with Corn with Peppers & Green Beans

Chicken Patty with BBQ Sauce with Stewed Tomatoes & Sweet Potatoes

Breaded Chicken Patty, Spring Vegetables & Corn

Beef Meatloaf with Mushroom Gravy, Mashed Potatoes, Carrots

Beef Patty with Roasted Potatoes & Green Beans



Breakfast Meal Pack D

Cheese Omelet with Peppers & Onions, Diced Red Potatoes & Diced Pears

Waffles with Turkey Sausage and Strawberries

Waffles with Egg Patty and Blueberries

Cheese Omelet & Salsa, Broccoli & Hash Browns

French Toast with Turkey Sausage Patty, Potatoes and Strawberries

Egg Patty with Onions & Peppers and Roasted Potatoes

Egg Patty with Roasted Potatoes and Grits

Cheese Omelet with Roasted Potatoes



Breakfast Meal Pack E

Cheese Omelet with Peppers & Onions, Diced Red Potatoes & Diced Pears

Waffles with Turkey Sausage and Strawberries

Pancakes with Turkey Sausage, Roasted Potatoes & Blueberry Sauce

Cheese Omelet with Roasted Potatoes

Sausage, Egg, and Cheese Burrito with Salsa Applesauce

Fried Egg Patties, Sweet Potatoes & Asparagus

Whole Grain Pancake & Sausages, Sweet Potatoes & Cinnamon Apples

French Toast & Sausage with Applesauce and Hash Browns

Lunch & Dinner Menu

LUNCH AND DINNER

POULTRY	Balsamic Glazed Chicken with Roasted Potatoes & Green Beans	Breaded Chicken Fritter Milanese with Penne Pasta and Vegetable Blend	Breaded Chicken Parmesan, with Pasta with Broccoli	Breaded Chicken Patty, Spring Vegetables & Corn	Breaded Chicken Stuffed with Broccoli & Cheese with Gravy, Mashed Potatoes & Spinach	Chicken Fritter Florentine with Gravy, Mashed Potatoes and Sliced Carrots	Chicken Meatballs with Creamy Brown Gravy, Noodles & Spinach
	Chicken Patty & Penne Pasta Alfredo, Carrots & Corn with Peppers	Chicken Patty with BBQ Sauce, Broccoli & Stewed Tomatoes	Chicken Patty with Rosemary Gravy, Lima Beans & Spring Vegetables	Chicken Pot Pie	Chicken Tenders over Zesty Orange Rice with Bean Blend and Three Seasons Blend	Chicken Tenders with Honey Mustard Sauce, Spinach & Carrots	Chicken with General Tso's Sauce, Rice & Oriental Blend Vegetables
	Chicken with Pesto Cream Sauce over Penne Pasta & Petite Broccoli-Individual Meal	Chicken with Sweet & Sour Sauce, Rice and Blended Vegetables	Creamy Chicken Waffle, Autumn Blend & Butternut Squash	White Meat Chicken with BBQ Sauce, Sweet Mashed Potatoes & Cauliflower	White Meat Chicken with Country Gravy, Mashed Potatoes & Collard Greens	White Turkey Tetrazzini with Noodles and Broccoli	-----
MEAT	BBQ Pork Patty, Red Skin Potatoes & Whole Kernel Corn	BBQ Pork Riblets & Honey BBQ Sauce, Green Pea Blend & Autumn Blend	Beef and Broccoli over Noodles & Vegetable Blend	Beef Goulash with Noodles and Carrots	Beef Meatballs & Shell Pasta with Alfredo Sauce, Green Beans & Corn	Beef Meatballs with BBQ Sauce Macaroni & Cheese and Broccoli	
	Beef Meatloaf with Mushroom Gravy, Mashed Potatoes, Carrots	Beef Patty & Onion Gravy, Red Skin Potatoes & Broccoli	Beef Patty with Cheesy Chipotle Rice, Corn & Broccoli	Beef Patty with Seasoned Potatoes & Green Beans	Beef Ribeye Sweet Potatoes Mixed Vegetables	Beef with Mushroom Gravy, Roasted Potatoes & Carrots	
	Beef with Red Wine Sauce, Red Diced Potatoes, Okra & Corn	Beef with Salsa Verde, Mashed Potatoes & Brussel Sprouts	Breaded Pork, Red Skin Potatoes & Brussels Sprouts	Chili with Beans with Carrots & Broccoli Florets	Homestyle Meatloaf with Red Skin Potatoes & Winter Blend Vegetables	Creamy Country Fried Steak with Red Skin Potatoes & Mixed Vegetables	
	Pork Patty and Zesty Orange Rice with Green Peas & Carrots	Salisbury Steak with Sauce, Sweet Mashed Potatoes & Broccoli	Spaghetti & Meatballs, Corn & Broccoli	-----	-----	-----	
SEAFOOD	Breaded Fish & Alfredo Spinach Sauce, Sweet Potatoes, Cauliflower						
	Breaded Fish Wedge, Butternut Squash & Autumn Blend						
	Crunchy Breaded Fish Mac & Cheese Brussel Sprouts						
	Fish Sticks, Green Beans and Corn						
	Lemon Pepper Fish with Roasted Potatoes and Okra & Stewed Tomatoes						
VEGETARIAN	Cheese Lasagna with Tomato Sauce & Blended Vegetables						Stuffed Shells with Tomato Sauce, Mozzarella Cheese & Blended Vegetables
	Cheese Tortellini with Pomodoro Sauce and Parmesan Cheese						Macaroni & Cheese, Stewed Tomatoes & Bean Blend
	Protein Pasta A la Vodka with Zucchini						Three Cheese Ravioli with Spinach Alfredo, Cauliflower & Mixed Vegetables



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Menu

To Order: 1-800-766-1765 | www.MKMeals.com

BREAKFAST

Breakfast Scramble w Asparagus & Hash Browns	#98093
Cheese Omelet & Salsa, Broccoli & Hash Browns	#98071
Cheese Omelet with Peppers & Onions, Diced Red Potatoes & Diced Pears	#902201
Cheese Omelet with Roasted Potatoes	#903373
Crustless Spinach Quiche (2 svgs)	#6160
Egg Patty with Onions & Peppers and Roasted Potatoes	#903376
Egg Patty with Roasted Potatoes & Grits	#903375
French Toast & Sausage with Applesauce and Hash Browns	#98066
French Toast with Turkey Sausage Patty, Potatoes and Strawberries	#902239
Fried Egg Patties, Sweet Potatoes & Asparagus	#98074
Pancakes with Turkey Sausage, Roasted Potatoes & Blueberry Sauce	#902888
Sausage Egg & Cheese Croissant	#6126
Sausage Patties & Biscuit with Country Gravy, Hash Browns & Cinnamon Apples	#98092
Sausage, Egg, and Cheese Burrito with Salsa, Applesauce and Hash Browns	#98078
Waffles w Turkey Sausage & Strawberries	#903383
Waffle w Egg Patty & Strawberries	#903750
Whole Grain Pancake & Sausages, Sweet Potatoes & Cinnamon Apples	#98073

SOUPS

Broccoli Cheddar Soup	#6362
Butternut Squash Soup	#6361
Coconut Carrot Ginger Soup	#6363
Clam Chowder	#6364
Minestrone	#6325
Tomato Basil Bisque	#6365
Vegetable Barley Beef Soup	#6366

LUNCH/DINNER

POULTRY

Balsamic Glazed Chicken with Roasted Potatoes & Green Beans	#902639
Breaded Chicken Florentine w/Gravy, Mashed Potatoes and Carrots - Individual Meal	#902360
Breaded Chicken Milanese w Pasta & Blended Vegetables	#902342
Breaded Chicken Parmesan, with Pasta and Broccoli	#902274
Breaded Chicken Patty, Spring Vegetables & Corn	#98050
Breaded Chicken Stuffed with Broccoli & Cheese with Gravy, Mashed Potatoes & Spinach	#902672
Chicken Meatballs with Creamy Brown Gravy, Noodles & Spinach	#902305
Chicken Patty & Penne Pasta Alfredo with Carrots & Butternut Squash	#98094
Chicken Patty with BBQ Sauce, Stewed Tomatoes & Sweet Potatoes	#98053
Chicken Patty & Honey Lemon Rice with Black Beans, Corn & Brussels Sprouts	#98095
Chicken Tenders over Zesty Orange Rice with Bean Blend and Three Seasons Blend	#98053
Chicken Tenders with Honey Mustard Sauce, Spinach & Carrots	#98090
Chicken with General Tso's Sauce, Rice & Oriental Blend Vegetables	#903137
Chicken with Sweet & Sour Sauce, Rice and Blended Vegetables	#902179
White Meat Chicken with BBQ Sauce, Sweet Mashed Potatoes & Cauliflower	#902666
White Meat Chicken with Country Gravy, Mashed Potatoes & Collard Greens	#902322

SEAFOOD

Breaded Fish & Alfredo Spinach Sauce, Sweet Potatoes, Cauliflower	#98091
Crunchy Breaded Fish Mac & Cheese Brussel Sprouts	#902560
Fish Sticks, Green Beans and Corn	#902424
Lemon Pepper Fish with Roasted Potatoes and Okra & Stewed Tomatoes	#902339

BREAD

Carrot Walnut Zucchini Muffin (2 svgs)	#6345
Cornbread Blueberry Toaster Cakes (2 svgs)	#7216
Whole Grain Rolls	#6196

LUNCH/DINNER

MEAT

Beef Patty with Roasted Potatoes & Green Beans	#903038
Beef and Broccoli over Noodles & Vegetable Blend	#902665
Beef Meatballs & Shell Pasta with Alfredo Sauce, Green Beans & Corn	#98055
Beef Meatballs with BBQ Sauce	#902361
Macaroni & Cheese and Broccoli	
Beef Meatloaf with Mushroom Gravy, Mashed Potatoes, Carrots	#903047
Beef Patty & Onion Gravy, Red Skin Potatoes & Broccoli	#98088
Beef Patty with Cheesy Chipotle Rice, Corn & Broccoli	#98082
Beef with Mushroom Gravy, Roasted Potatoes & Carrots	#902671
Chili with Beans with Carrots & Broccoli Florets	#98034
Flame Broiled Cheese Burger on Brioche	#6125
Ginger Pork Patty, Red Skin Potatoes & Green Pea Blend	#98097
Homestyle Meatloaf with Red Skin Potatoes & Winter Blend Vegetables	#98023
Mac & Cheese with Smoked Sausage, Stewed Tomatoes & Bean Blend	#98058
NY Strip Shaped Beef Patty with Horseradish Sauce, Red Skin Potatoes & Brussel Sprouts	#98022
Pork Patty & Rice with Roasted Garlic Gravy, Succotash & Carrots	#98063
Pork Patty and Zesty Orange Rice with Green Peas & Carrots	#98031
Salisbury Steak, Red Skin Potatoes & Mixed Vegetables	#98047
Smoked Sausage & Beans, Red Skin Potatoes & Winter Blend Vegetables	#98048
Spaghetti & Meatballs, Corn & Broccoli	#98065
Cheese Lasagna with Tomato Sauce & Blended Vegetables	#902330
Cheese Pizza, Bean Blend & Mixed	#98024
Macaroni & Cheese with Stewed Tomatoes & Bean Blend	#98075
Protein Pasta A la Vodka with Zucchini	#98049
Stuffed Shells with Tomato Sauce, Mozzarella Cheese & Blended Vegetables	#902332
Three Cheese Ravioli with Spinach Alfredo, Cauliflower & Mixed Vegetables	#98049

FORTIFIED SNACKS

Magic Cups 9g of Protein, - Assorted Flavors
Mighty Shakes 6g of Protein, - Assorted Flavors

INTRODUCING THE MKMEALS PHONE APP

MKMeals.com wants to make ordering meals as simple as possible for Insurance and Areas of Aging Clients.



How to Install the App

If you have received meals from MK Meals.com previously, install the application. If you have not yet received an order from us, please call MK Meals Customer Service **(1-800-766-1765)** to ensure an account is fully set up and ready to receive orders before installing the software on your phone.

You can download the app from either Google Play (if you have an Android phone) or the App Store (For iPhones). Scan the QR code to go to our app on one of these platforms.





**Have
questions?
Reach out.**



Order Online: www.MKMeals.com
24 hours a day | 7 days a week!



Toll Free: 1-800-766-1765
Weekdays: 8AM to 5PM CT
Saturdays: 9AM to 3PM CT
Limited Coverage
Sundays: Closed
Fax: 816-492-3221



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