



Complete Meals

One cannot think well, love well, sleep well if one has not dined well.
– Virginia Woolf, English Novelist



MK Signature Meals

“MK Signature Meals” are our premium line of complete meals, denoted with a special icon. These meals are designed to be nutritionally balanced and appropriate for various special diets. Special care is taken to use top quality ingredients and to ensure the meals are extra tasty and flavorful.



The success of our MagicKitchen.com Complete Meals has inspired our dietitians and chefs to get busy in the kitchen so you don't have to! We continue to expand this nutritious, delicious line of simple-to-prepare meals designed to promote good health.

Just call Toll Free: 1-877-516-2442 and speak to our Meal Program representative today!

Additional options are available on our ala carte menu. Ask for a catalog or view online.



Order Online: www.MagicKitchen.com
24 hours a day | 7 days a week!



Toll Free: 1-877-51-MAGIC (1-877-516-2442)
Mon–Fri: 7am–6pm CT
Weekends: 8am–2pm CT

Fax: 816-492-3221
International: 816-492-3220

Breakfast



\$12.00
Cheese Omelet, Broccoli & Cinnamon Apples



\$12.00
Plain Omelet, Sweet Potatoes & Broccoli



\$9.99
Crustless Quiche* (2 svgs)



\$7.99
Carrot Zucchini Walnut Muffins* (2 svgs)



\$8.49
Cornbread Blueberry Toaster Cakes* (2 svgs)



\$12.00
Breakfast Burrito with Salsa, Applesauce & Hash Browns



\$12.00
Breakfast Scramble, Hash Browns & Asparagus



\$12.00
Cheese Omelet & Salsa, Broccoli & Hash Browns



\$12.00
Fried Egg Patties, Sweet Potatoes & Asparagus



\$12.00
Sausage & French Toast, Hash Browns & Applesauce



\$12.00
Sausage Patties & Biscuit with Gravy, Hash Browns & Cinnamon Apples



\$12.00
Whole Grain Pancake & Sausages, Sweet Potatoes & Cinnamon Apples

What people are saying...

Baked Tilapia, Brown Rice & Minted Carrots

This was really good, the fish was fresh and the carrots and rice great compliments. —Karen D.

Beef Bourguignon, Brown Rice & Broccoli

This meal is absolutely fabulous. Kudos to the Chef! When I purchase, I buy extra for family members. —Ronnah R.

Eggplant Parmigiana and Polenta with Spinach & Roasted Peppers

I love parmigiana and roasted peppers so this fit into my meal plan very well. —Beverly E.

Crab Cake, Brown Rice & Mixed Vegetables

All I can say is I love the crab cakes. This is my treat, the crab cakes are excellent... —Walterine Eugene F.

My Dad is a 88 year old dialysis patient. I cannot begin to tell you how much these meals have helped.. He loves everything about them. —Donna D.

I tried your diabetic meals and was very satisfied with them. They not only are delicious but keep my diabetes under control. —Joan S.

I'm so happy with the food I'm receiving from MagicKitchen.com. It tastes better than I thought. From the preparation to the way is delivered and the customer service is great job. —Jose

Portion control meals I have had are tasty and filling. In particular meatballs and rice is very good as are chicken patty and chicken fried rice. —John G.

Lunch & Dinner / Soups*



\$11.99

Broccoli, Mushroom
& Zucchini Soup
(2 svgs)



\$28.99

California Beef Stew
(2 svgs)



\$11.99

Many Bean Soup
(2 svgs)



\$11.99

Tomato Basil Bisque
(2 svgs)



\$11.99

Vegetable Barley Soup with Beef
(2 svgs)



\$11.99

Vegetable Rice
Chicken Soup
(2 svgs)



\$16.99

Vegetable Stew
(2 svgs)



I buy these meals for my mom as she doesn't really cook or get out much. She is a heart patient and the low sodium meals are a great choice. I mix things up each time I send her some for variety. She seems to love every one I have sent. I look for sales since I am on long term disability myself so I can send her more. —David A.

Lunch & Dinner / Breads*



\$7.99

Carrot Zucchini
Walnut Muffins*
(2 svgs)



\$8.49

Cornbread Blueberry
Toaster Cakes*
(2 svgs)



\$3.99

French Bread
(2 svgs)



\$4.49

Herb Focaccia
(2 svgs)



\$13.99

Pesto Cheese Bread
(2 svgs)



\$7.99

Pucker-Up Lemon Loaf
(2 svgs)



\$13.99

Verdura Gourmet Artisan
Flatbread with Kalamata Olives
(2 svgs)



\$3.99

Whole Grain Rolls
(2 svgs)

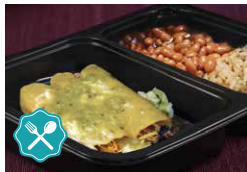


We have been ordering lunch/dinner meals for the past months for our son, who has been diagnosed with chronic kidney disease. He was unable to prepare his meals and he had been placed on a renal and high protein diet. The meals we ordered from the company were great and met his dietary needs. We could see his health improving and ordering the meals made life a little easy for him, especially, after being dialyzed, when he would be so tired. He found the meals to be very fresh and flavorful, his favorites were the Crab Cake Dinner, Baked Tilapia Dinner, and Meatballs Rice and Gravy.... Thank You. —Walterine E.

Lunch & Dinner / Poultry



\$13.00
Basil Chicken with Rice
& Zucchini Saute



\$13.00
Chicken Cheese Enchilada
with Tomatillo Sauce, Rice
& Pinto beans



\$13.00
Chicken Paprika with
Brown Rice & Green Beans



\$13.00
Chicken Parmigiana,
White Rice & Carrots



\$13.00
Roast Turkey Pizzaiola
& Rice Pilaf



\$13.50
Roast Turkey with
Gravy & Mashed Potatoes
with Peas



\$13.00
Turkey Chili with
Brown Rice



\$13.00
Italian Style Chicken
Breast (Caponata) with
Orzo & Spinach



\$12.00
Creamy Chicken Patty &
Waffle with Autumn Blend
and Butternut Squash



\$12.00
Chicken Tenders with Honey
Mustard Sauce, Spinach
and Carrot



\$12.00
Chicken & Mushroom Swiss
Rice with Peas & Carrots and
Stewed Tomatoes



\$12.00
Chicken Patty with Rosemary
Gravy with Lima Beans and
Spring Vegetables



\$12.00
Chicken Patty with Apricot Rice,
Carrots, Brussels Sprouts



\$12.00
Chicken Tenders with Tomato
Basil Penne Pasta, Corn with
Peppers & Green Beans



\$12.00
BBQ Chicken Drumsticks,
Brussels Sprouts, Black
Beans & Corn



\$12.00
Honey Mustard Chicken
Patty with Sweet Potatoes &
Brussels Sprouts



\$12.00
Bruschetta Chicken Patty
with Red Skin Potatoes &
Autumn Blend



\$12.00
Breaded Chicken Patty, Spring
Vegetables & Corn



\$12.00
Chicken and Teriyaki Rice
with Sweet Potatoes &
Brussels Sprout



\$12.00
Chicken Patty with BBQ
Sauce with Stewed Tomatoes
& Broccoli Florets



\$12.00
Chicken & Bean Red Burrito
with Cheese Sauce, Spinach
and Corn with Peppers



\$12.00
Breaded Parmesan Chicken
Patty with Red Skin Potatoes &
Mixed Vegetables



\$12.00
Grilled Chicken with Florentine
Rice, Asparagus & Carrot



\$12.00
Chicken Patty over Rice
& Gravy with Bean Blend
& Carrot



\$12.00
Grilled Pesto Chicken Breast
Patty with Lima Beans &
Three Seasons Blend



\$12.00
Creamy Breaded Chicken Patty
with Lima Beans & Mixed
Vegetables



\$12.00
Southwestern Style Chicken
Tenders with Sweet Potatoes
& Broccoli



\$12.00
Chicken Tenders over Zesty
Orange Rice with Bean Blend
and Three Seasons Blend



\$12.00
Chicken Patty & Penne Pasta
Alfredo with Carrots &
Butternut Squash



\$12.00
Chicken Patty & Honey Lemon
Rice with Black Beans and
Corn & Brussels Sprouts

Lunch & Dinner / Meat



\$14.50

Beef Bourguignon,
Brown Rice & Broccoli



\$13.00

Beef Lasagna with
Peas & Carrots



\$13.00

Beef Barley Stew, Brown Rice
& Minted Carrots



\$13.00

Meatballs & Penne
Pasta & Peas



\$13.00

Meatloaf & Tomato Sauce,
Brown Rice with Peas
& Carrots



\$12.00

Beef Patty with Asian
Orange Rice & Vegetables



\$12.00

Beef & Pepper Patty
with Brown Gravy, Sweet
Potatoes & Spinach



\$12.00

Beef Meatballs & Alfredo Shell
Pasta, Corn with Peppers and
Green Beans



\$12.00

Beef Patty with Chipotle
Cheesy Rice, Corn
& Broccoli



\$12.00

Beef Patty with Carrots
& Brussels Sprouts



\$12.00

Creamy Country Fried Steak
with Red Skin Potatoes &
Mixed Vegetables



\$12.00

Chipotle Meatloaf with Red
Skin Potatoes & Green Beans
with Onion & Peppers



\$12.00

Homestyle Meatloaf with
Red Skin Potatoes & Winter
Blend Vegetables



\$12.00

Spaghetti and Meatballs
with Whole Kernel Corn &
Broccoli Florets



\$12.00

Meatballs with Rice &
Gravy, with Stewed Tomatoes
& Peas and Carrots



\$12.00

Salisbury Steak with
Red Skin Potatoes & Mixed
Vegetables



\$12.00

Veal Parmesan with Carrots &
Green Pea Blend



\$12.00

Cheese Lasagna with Meat
Sauce with Spinach & Corn
with Peppers



\$12.00

Florentine Stuffed Shell with
Meat Sauce, Northern Beans
& Spring Vegetable



\$12.00

Chili with Beans with Carrots
& Broccoli Florets



\$12.00

Taco Soup with Cauliflower
and Sweet Potatoes



\$12.00

Breaded Pork, Red Skin
Potatoes & Brussels Sprouts



\$12.00

Pepperoni Pizza with
4 Seasons Vegetables & Whole
Kernel Corn



\$12.00

Pork Patty & Zesty Orange
Rice with Green Peas
& Carrots



\$12.00

Grilled Pork Patty with
Brown Gravy, Spinach &
Sweet Potatoes



\$12.00

Ginger Pork, Red Skin
Potatoes & Green Pea Blend



\$12.00

BBQ Pork Patty, Red Skin
Potatoes & Whole Kernel Corn



\$12.00

BBQ Pork Ribslets & Honey BBQ
Sauce, Green Pea Blend and
Autumn Blend

Lunch & Dinner / Seafood



\$13.50

Baked Tilapia, Brown Rice
& Minted Carrots



\$14.50

Crab Cake, Brown Rice
& Mixed Vegetables



\$13.50

Tilapia with Miso Ginger, Black
Beans, Rice with Peas & Carrots



\$13.50

Tilapia & Rice Pilaf with
Mushroom &
Artichoke Hearts



\$14.00

Salmon Caponata with
Orzo & Spinach



\$14.00

Salmon & Vegetable
Linguini



\$12.00

Breaded Pollock, Peas with
Mushrooms, Onions, Red
Peppers, Carrots



\$12.00

Fish Nuggets with Northern
Beans & Broccoli



\$12.00

Breaded Fish Wedge,
Butternut Squash &
Autumn Blend



\$12.00

Breaded Fish & Alfredo
Spinach Sauce, Sweet
Potatoes & Cauliflower



\$12.00

Breaded Fish with Coconut
Curry Rice, Three Seasons
Blend & Broccoli



I order diabetic meals for my sister when I am out of state for the winter. It is so relieving to know that she will get quality meals while I am gone... thank you MagicKitchen.com! —Dorothy F.

Lunch & Dinner / Vegetarian



\$13.00

Eggplant Parmigiana &
Polenta with Spinach and
Roasted Peppers



\$13.00

Spinach Mushroom Lasagna
& Garlic Green Beans



\$12.00

Vegetable Caponata
with Orzo & Spinach



\$12.00

Cheese Pizza with Mixed
Vegetables and Bean Blend



\$12.00

Cheese Lasagna, Autumn
Blend & Butternut Squash



\$12.00

Cheese Manicotti & Alfredo
Sauce with Butternut
Squash and Autumn Blend



\$12.00

Three Cheese Ravioli &
Spinach Alfredo, Cauliflower
and Mixed Vegetables



I was just recently diagnosed with stage four kidney failure and your meals help me supplement my daily living. I am on my third order and am enjoying the service. —Edna H.