Complete Meals

One cannot think well, love well, sleep well if one has not dined well.

– Virginia Woolf, English Novelist

MK Signature Meals

“MK Signature Meals” are our premium line of complete meals, denoted with a special icon. These meals are designed to be nutritionally balanced and appropriate for various special diets. Special care is taken to use top quality ingredients and to ensure the meals are extra tasty and flavorful.

The success of our MagicKitchen.com Complete Meals has inspired our dietitians and chefs to get busy in the kitchen so you don’t have to! We continue to expand this nutritious, delicious line of simple-to-prepare meals designed to promote good health.

Just call Toll Free: 1-877-516-2442 and speak to our Meal Program representative today!

Additional options are available on our ala carte menu. Ask for a catalog or view online.

Order Online: www.MagicKitchen.com
24 hours a day | 7 days a week!

Toll Free: 1-877-51-MAGIC (1-877-516-2442)
Mon–Fri: 7am–6pm CT
Weekends: 8am–2pm CT

Fax: 816-492-3221
International: 816-492-3220
Baked Tilapia, Brown Rice & Minted Carrots
This was really good, the fish was fresh and the carrots and rice great compliments. —Karen D.

Beef Bourguignon, Brown Rice & Broccoli
This meal is absolutely fabulous. Kudos to the Chef! When I purchase, I buy extra for family members. —Ronnah R.

Eggplant Parmigiana and Polenta with Spinach & Roasted Peppers
I love parmigiana and roasted peppers so this fit into my meal plan very well. —Beverly E.

Crab Cake, Brown Rice & Mixed Vegetables
All I can say is I love the crab cakes. This is my treat, the crab cakes are excellent... —Walterine Eugene F.

My Dad is a 88 year old dialysis patient. I cannot begin to tell you how much these meals have helped... He loves everything about them. —Donna D.

I tried your diabetic meals and was very satisfied with them. They not only are delicious but keep my diabetes under control. —Joan S.

I’m so happy with the food I’m receiving from MagicKitchen.com. It tastes better than I thought. From the preparation to the way is delivered and the customer service is great job. —Jose

Portion control meals I have had are tasty and filling. In particular meatballs and rice is very good as are chicken patty and chicken fried rice. —John G.

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*Not part of 'Complete Meals'
Vegetable Rice
Chicken Soup
(2 svgs)

Vegetable Stew
(2 svgs)

California Beef Stew
Many Bean Soup
(2 svgs)
(2 svgs)

Tomato Basil Bisque
Vegetable Barley Soup with Beef
(2 svgs)
(2 svgs)

Pucker-Up Lemon Loaf
Walnut Muffins*
(2 svgs)

Verdura Gourmet Artisan
Flatbread with Kalamata Olives
(2 svgs)

Cornbread Blueberry
Toaster Cakes*
(2 svgs)

French Bread
Herb Foccacia
(2 svgs)
(2 svgs)

Pesto Cheese Bread
(2 svgs)

Broccoli, Mushroom
$11.99
Zucchini Soup
(2 svgs)

$28.99
California Beef Stew
(2 svgs)

$11.99
Many Bean Soup
(2 svgs)

$11.99
Tomato Basil Bisque
(2 svgs)

$11.99
Vegetable Barley Soup with Beef
(2 svgs)

$11.99
Vegetable Rice
Chicken Soup
(2 svgs)

$16.99
Vegetable Stew
(2 svgs)

$11.99
Vegetable Rice
Chicken Soup
(2 svgs)

$11.99
Vegetable Barley Soup with Beef
(2 svgs)

$11.99
California Beef Stew
(2 svgs)

$28.99
California Beef Stew
(2 svgs)

$11.99
Many Bean Soup
(2 svgs)

$11.99
Tomato Basil Bisque
(2 svgs)

$11.99
Vegetable Barley Soup with Beef
(2 svgs)

We have been ordering lunch/dinner meals for the past months for our son, who has been diagnosed with chronic kidney disease. He was unable to prepare his meals and he had been placed on a renal and high protein diet. The meals we ordered from the company were great and met his dietary needs. We could see his health improving and ordering the meals made life a little easy for him, especially, after being dialyzed, when he would be so tired. He found the meals to be very fresh and flavorful, his favorites were the Crab Cake Dinner, Baked Tilapia Dinner, and Meatballs Rice and Gravy…. Thank You. —Walterine E.

I buy these meals for my mom as she doesn't really cook or get out much. She is a heart patient and the low sodium meals are a great choice. I mix things up each time I send her some for variety. She seems to love every one I have sent. I look for sales since I am on long term disability myself so I can send her more. —David A.

*Not part of 'Complete Meals'
**Lunch & Dinner / Poultry**

- **Chicken & Mushroom Swiss Rice with Peas & Carrots and Stewed Tomatoes** $13.00
- **Basil Chicken with Rice & Zucchini Saute** $13.00
- **Chicken Cheese Enchilada with Tomatillo Sauce, Rice & Pinto beans** $13.00
- **Chicken Paprika with Brown Rice & Green Beans** $13.00
- **Chicken Parmigiana, White Rice & Carrots** $13.00
- **Roast Turkey Pizaola & Rice Pilaf** $13.00

- **Roast Turkey with Gravy & Mashed Potatoes with Peas** $13.50
- **Turkey Chili with Brown Rice** $13.00
- **Italian Style Chicken Breast (Caponata) with Orzo & Spinach** $13.00
- **Creamy Chicken Patty & Waffle with Autumn Blend and Butternut Squash** $12.00
- **Chicken Tenders with Honey Mustard Sauce, Spinach and Carrot** $12.00

- **Chicken & Mushroom Swiss Rice with Peas & Carrots and Stewed Tomatoes** $12.00
- **Chicken Patty with Rosemary Gravy with Lima Beans and Spring Vegetables** $12.00
- **Chicken Patty with Apricot Rice, Carrots, Brussels Sprouts** $12.00
- **Chicken Tenders with Tomato Basil Penne Pasta, Corn with Peppers & Green Beans** $12.00
- **BBQ Chicken Drummies, Brussels Sprouts, Black Beans & Corn** $12.00

- **Honey Mustard Chicken Patty with Sweet Potatoes & Brussels Sprouts** $12.00
- **Bruschetta Chicken Patty with Red Skin Potatoes & Autumn Blend** $12.00
- **Breaded Chicken Patty, Spring Vegetables & Corn** $12.00
- **Chicken and Teriyaki Rice with Sweet Potatoes & Brussels Sprout** $12.00
- **Chicken Patty with BBQ Sauce with Stewed Tomatoes & Broccoli Florets** $12.00

- **Chicken & Bean Red Burrito with Cheese Sauce, Spinach and Corn with Peppers** $12.00
- **Breaded Parmesan Chicken Patty with Red Skin Potatoes & Mixed Vegetables** $12.00
- **Grilled Chicken with Florentine Rice, Asparagus & Carrot** $12.00
- **Chicken Patty over Rice & Gravy with Bean Blend & Carrot** $12.00
- **Grilled Pesto Chicken Breast Patty with Lima Beans & Three Seasons Blend** $12.00

- **Creamy Breaded Chicken Patty with Lima Beans & Mixed Vegetables** $12.00
- **Southwestern Style Chicken Tenders with Sweet Potatoes & Broccoli** $12.00
- **Chicken Tenders over Zesty Orange Rice with Bean Blend and Three Seasons Blend** $12.00
- **Chicken Patty & Penne Pasta Alfredo with Carrots & Butternut Squash** $12.00
- **Chicken Patty & Honey Lemon Rice with Black Beans and Corn & Brussels Sprouts** $12.00

D: Dialysis Friendly  HS: > 700mg Sodium  R: Renal CKD Stage 3&4
Lunch & Dinner / Meat

- **$14.50** Beef Bourguignon, Brown Rice & Broccoli
- **$13.00** Beef Lasagna with Peas & Carrots
- **$13.00** Beef Barley Stew, Brown Rice & Minted Carrots
- **$13.00** Meatballs & Penne Pasta & Peas
- **$13.00** Meatloaf & Tomato Sauce, Brown Rice with Peas & Carrots

- **$12.00** Beef Patty with Asian Orange Rice & Vegetables
- **$12.00** Beef & Pepper Patty with Brown Gravy, Sweet Potatoes & Spinach
- **$12.00** Beef Meatballs & Alfredo Shell Pasta, Corn with Peppers and Green Beans
- **$12.00** Beef Patty with Chipotle Cheesy Rice, Corn & Broccoli
- **$12.00** Beef Patty with Carrots & Brussels Sprouts

- **$12.00** Creamy Country Fried Steak with Red Skin Potatoes & Mixed Vegetables
- **$12.00** Chipotle Meatloaf with Red Skin Potatoes & Green Beans with Onion & Peppers
- **$12.00** Homestyle Meatloaf with Red Skin Potatoes & Winter Blend Vegetables
- **$12.00** Spaghetti and Meatballs with Whole Kernel Corn & Broccoli Florets
- **$12.00** Meatballs with Rice & Gravy, with Stewed Tomatoes & Peas and Carrots

- **$12.00** Salisbury Steak with Red Skin Potatoes & Mixed Vegetables
- **$12.00** Veal Parmesan with Carrots & Green Pea Blend
- **$12.00** Cheese Lasagna with Meat Sauce with Spinach & Corn with Peppers
- **$12.00** Florentine Stuffed Shell with Meat Sauce, Northern Beans & Spring Vegetable
- **$12.00** Chili with Beans with Carrots & Broccoli Florets

- **$12.00** Taco Soup with Cauliflower and Sweet Potatoes
- **$12.00** Breaded Pork, Red Skin Potatoes & Brussels Sprouts
- **$12.00** Pepperoni Pizza with 4 Seasons Vegetables & Whole Kernel Corn
- **$12.00** Pork Patty & Zesty Orange Rice with Green Peas & Carrots
- **$12.00** Grilled Pork Patty with Brown Gravy, Spinach & Sweet Potatoes

- **$12.00** Ginger Pork, Red Skin Potatoes & Green Pea Blend
- **$12.00** BBQ Pork Patty, Red Skin Potatoes & Whole Kernel Corn
- **$12.00** BBQ Pork Riblets & Honey BBQ Sauce, Green Pea Blend and Autumn Blend

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- **D** Dialysis Friendly
- **H** > 700mg Sodium
- **R** Renal CKD Stage 3&4
Lunch & Dinner / Seafood

$13.50
Baked Tilapia, Brown Rice & Minted Carrots

$14.50
Crab Cake, Brown Rice & Mixed Vegetables

$13.50
Tilapia with Miso Ginger, Black Beans, Rice with Peas & Carrots

$13.50
Tilapia & Rice Pilaf with Mushroom & Artichoke Hearts

$14.00
Salmon Caponata with Orzo & Spinach

$14.00
Salmon & Vegetable Linguini

$12.00
Breaded Pollock, Peas with Mushrooms, Onions, Red Peppers, Carrots

$12.00
Fish Nuggets with Northern Beans & Broccoli

$12.00
Breaded Fish Wedge, Butternut Squash & Autumn Blend

$12.00
Breaded Fish & Alfredo Spinach Sauce, Sweet Potatoes & Cauliflower

$12.00
Breaded Fish with Coconut Curry Rice, Three Seasons Blend & Broccoli

I order diabetic meals for my sister when I am out of state for the winter. It is so relieving to know that she will get quality meals while I am gone... thank you MagicKitchen.com! — Dorothy F.

Lunch & Dinner / Vegetarian

$13.00
Eggplant Parmigiana & Polenta with Spinach and Roasted Peppers

$13.00
Spinach Mushroom Lasagna & Garlic Green Beans

$12.00
Vegetable Caponata with Orzo & Spinach

$12.00
Cheese Pizza with Mixed Vegetables and Bean Blend

$12.00
Cheese Lasagna, Autumn Blend & Butternut Squash

$12.00
Cheese Manicotti & Alfredo Sauce with Butternut Squash and Autumn Blend

$12.00
Three Cheese Ravioli & Spinach Alfredo, Cauliflower and Mixed Vegetables

I was just recently diagnosed with stage four kidney failure and your meals help me supplement my daily living. I am on my third order and am enjoying the service. — Edna H.

Dialysis Friendly
HS > 700mg Sodium
Renal CKD Stage 3&4