HomeStyle Meals For Your Table!

Delicious Made Simple!

Flash Frozen Prepared Meals Delivered Nationwide!

New Menu Items Inside!

California Beef Stew

Creamy Polenta

Beef & Pork Burnt Ends

Sesame Chicken

Toll-Free 1-877-51-MAGIC (1-877-516-2442)

www.MagicKitchen.com

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Delicious
Nutritious
Convenience
What people are saying...

Meals are wonderful! Always send to friends and family who are need a comfort meal. Thanks MagicKitchen.com! —Jenny C.  A La Carte Menu

I have been purchasing meals for a number of years. I have been very pleased with the consistent quality of the food and ingredients. Although I don’t eat beef, pork or chicken, they offer plenty of main courses for me to choose from. —Linda G.  A La Carte Menu

My son thinks these are just super star meals. I send them to him and he thinks they are just the biggest treat. Great delivery and easy to heat. —Beverly E.  A La Carte Menu

Food is well presented, looks appetizing, and tastes fantastic and flavorful! —Rose C.  A La Carte Menu

I order diabetic meals for my sister when I am out of state for the winter. It is so relieving to know that she will get quality meals while I am gone... thank you MagicKitchen.com! —Dorothy F.  Complete Meals

Portion control meals I have had are tasty and filling. In particular meatballs and rice is very good as are chicken patty and chicken fried rice. —John G.  Complete Meals

Your food is exactly the type of food that has helped me attain my health. I was dangerously near getting diabetes type 2. Thank you loads for your help. I am continually using your food for my health. Thank you ever so much. —Robert B.  Complete Meals

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A LA CARTE MENU

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COMPLETE MEALS MENU

Complete Meals .................................................12-15

- Senior Meals
- Portion Controlled Meals
- Low Sodium Meals
- Low Fat Meals
- Diabetic Friendly Meals
- Renal Meals (CKD Stages 3 & 4)
- Dialysis Friendly Meals
- Low Carbohydrate Meals
- Heart Healthy Meals
- Gluten Free Meals

2 = 2 Servings
4 = 4 Servings
8 = 8 Servings

1S = Packaged in 1-Serving Containers
DP = Dairy Free
LF = Low Fat (3g or less of fat per 100g)
LC = Low Carb (< 9g of carbs per 100g of food; Complete Meals < 25 net carbs)
LS = Low Sodium (Meal component < 400mg; Complete Meals < 700mg sodium)
V = Vegetarian
RC = Requires Cooking Other Than Microwave

Bon Appétit from the Staff of MagicKitchen.com.
## SOUP FOR THE SOUL BUNDLES

### SOUPS ONLY
- **$102.99**
  - All 7 soups/stews (2 svgs each)

### SOUPS WITH BREADS
- **$159.99**
  - All 7 soups & breads (2 svgs each)

### MINI SOUP FOR THE SOUL BUNDLES

#### SOUPS ONLY
- **$74.99**
  - 5 soups/stews (2 svgs each)

#### SOUPS WITH BREADS
- **$104.99**
  - 5 soups & breads (2 svgs each)

---

- **Broccoli, Mushroom & Zucchini Soup**
  - Exotic, colorful, delicious!
  - (10 oz.)
- **California Beef Stew**
  - This beef stew features tomatoes, red wine and Mirepoix to flavor and enrich the gravy. The beef is mouth-wateringly tender, the sauce rich and flavorful.
  - (10 oz.)
- **Chicken and Rice Vegetable Soup**
  - The ultimate comfort food, here at last, created by our chefs to cure colds, make your tummy feel good, and warm you up.
  - (12 oz.)
- **Many Bean Soup**
  - 6 different beans, ham, zesty tomatoes and our own spices make this hearty soup a family favorite.
  - (10 oz.)
- **Tomato Basil Bisque**
  - Italian spices, a hint of milk (lower fat than cream), and a little thickener make this bisque a meal! Nothing better on a rainy day.
  - (10 oz.)
- **Vegetable Barley Soup with Beef**
  - Fresh vegetables and barley with beef simmered in a rich beef broth.
  - (10 oz.)
- **Vegetable Stew**
  - Fire-roasted garden-fresh tomatoes, fresh vegetables, and spices make for a healthy, hearty and heart-friendly vegetable stew.
  - (12 oz.)

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### Bread Options

- **Carrot-Zucchini Muffin**
  - The best muffin you’ll ever eat… a little bit sweet and a little bit savory.
  - (4 oz.)
- **Cornbread Blueberry Toaster Cakes**
  - As a side or a dessert, these easy delicious cakes are a hit!
  - (4 oz.)
- **French Herb Focaccia Bread**
  - A flat oven baked Italian bread flavored with fresh herbs and olive oil.
  - (3 oz.)
- **Pesto & Cheese Flatbread**
  - Basil, mozzarella cheese, freshly made flatbread, all hot out of the oven. Yum.
  - (6 oz.)
- **Verdura Gourmet Artisan Flatbread with Kalamata Olives**
  - A light vegetable pizza. Makes a great snack or a light meal.
  - (5.7 oz.)
- **Whole Grain Rolls**
  - These tasty yet healthy rolls are perfect as dinner rolls or along side our incredible soups!
  - (2.6 oz.)

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meat

2 $28.99
4 $56.99
Beef with Bordelaise Sauce
One of the most flavorful cuts in a sauce made with veal demi-glace, red wine, and butter.
(10 oz.)

2 $29.99
4 $58.99
Beef Bourguignon
Tender beef and vegetables in a rich flavorful red wine sauce cooked to perfection.
(11 oz.)

2 $25.99
4 $49.99
Beef Brisket, Sliced
A beautiful brisket, trimmed, cooked and hickory smoked, and sauced with a light hand.
(8 oz.)

2 $22.99
4 $44.99
Beef Burnt Ends in BBQ Sauce
These lightly sauce chunks of beef are made from the point of the brisket.... juicy, tender & succulent!
(8 oz.)

12 $58.99
Beef Pot Roast – Family Size
Perfectly seasoned and cooked until melt-in-your-mouth tender and luscious. Served with au jus.
(6 oz.)

2 $29.99
4 $58.99
Beef Stroganoff with Pasta
Old fashioned comfort food; lean tender beef in a rich sauce with pasta.
(12 oz.)

2 $28.99
4 $56.99
Beef Teriyaki
Strips of fresh, lean beef are marinated, flash fried to perfection, then simmered in mild teriyaki sauce.
(10 oz.)

2 $55.99
4 $107.99
Beef Wellington En Croute*
This is a classic dish of English cuisine - a beautiful beef tenderloin covered with Duxelles, wrapped in puff pastry.
(7 oz.)

2 $28.99
4 $56.99
California Beef Stew
This beef stew features tomatoes, red wine and Mirepoix to flavor and enrich the gravy. The beef is mouth-wateringly tender, the sauce rich and flavorful.
(10 oz.)

2 $23.99
4 $45.99
Corned Beef
Tender, lean, juicy corned beef. Who could ask for anything more?
(6 oz.)

2 $10.49
4 $20.49
Hickory Smoked Ham
Hickory smoked ham steaks are cured with brown sugar for an extra sweet kick!
(7 oz.)

2 $19.99
4 $38.99
Mama’s Beef Lasagna
Vine-ripened tomatoes, garlic, onions, ground beef and melted cheeses layered with freshly made pasta sheets.
(12 oz.)

2 $15.99
4 $30.99
Penne with Meatballs & Tomato Sauce
An old world recipe of traditional penne pasta & tender beef meatballs.
(12 oz.)

2 $14.99
4 $28.99
Pork Burnt Ends in BBQ Sauce
Considered a delicacy in BBQ circles, this slightly fatter piece of meat takes longer to cook, but it's tender and full of flavor.
(8 oz.)

6 $32.99
Shepard’s Pie – Family Size
Comfort food at its best! Creamy mashed potatoes on top of savory ground beef with corn. Yum!
(6 oz.)

2 $14.99
4 $28.99
Smoked Boneless Pork Loin
Smoked with applewood for a sweet note, juicy and tender thick-cut smoked pork loin slices are fully cooked and heat up in minutes.
(4 oz.)

2 $28.99
4 $55.99
Steak Burgundy in Pastry
Tasty beef tenderloin pieces wrapped in a pastry shell for a perfect presentation.
(8 oz.)

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8 = 8 Servings
California Beef Stew

Slightly fattier piece of meat takes longer to cook. Rich, beefy gravy. The beef is mouth-wateringly tender.

& 8 Servings
& 4 Servings
& 2 Servings

Roasted Turkey with Gravy

Natural roasted turkey breast sliced with gravy and seasonings. Heaven on a plate! (6 oz.)

& 8 Servings
& 4 Servings
& 2 Servings

Turkey Meatball Marinara

Healthy because they’re turkey, but still moist from the magic of our chefs. (10 oz.)

& 8 Servings
& 4 Servings
& 2 Servings

Turkey Breast - Sliced Hickory Smoked & Honey Glazed, Family Size*

A boneless gourmet cooked turkey breast, juicy and with lots of flavor from the curing and smoking. (5 oz.)

& 8 Servings
& 4 Servings
& 2 Servings

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**seafood**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price 1</th>
<th>Price 2</th>
<th>Description</th>
<th>Container Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baby Clams &amp; Linguini with Tomato</td>
<td>$17.99</td>
<td>$34.99</td>
<td>Fresh linguini smothered in a light marinara and loaded with baby clams.</td>
<td>10 oz</td>
</tr>
<tr>
<td>Marinara (10 oz)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crab Cakes*</td>
<td>$29.99</td>
<td>$58.99</td>
<td>Made with 100% Blue Crab. So canned with crab they are truly the best Crab Cakes ever!</td>
<td>4 oz</td>
</tr>
<tr>
<td>Tilapia with Miso, Ginger and Black</td>
<td>$19.99</td>
<td>$38.99</td>
<td>Tender, light tilapia perfectly cooked, in an Eastern sauce of tangy, salty Miso and black bean</td>
<td>10 oz</td>
</tr>
<tr>
<td>Beans, with the zing of ginger.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Salmon Caponata</td>
<td>$19.99</td>
<td>$38.99</td>
<td>Rich wild salmon perfectly cooked and served under a layer of vegetables with a light tomato</td>
<td>10 oz</td>
</tr>
<tr>
<td>sauce.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shrimp Fettucine Alfredo</td>
<td>$24.99</td>
<td>$48.99</td>
<td>Homemade fettucine and juicy shrimp cloak in a rich, creamy parmesan cheese sauce.</td>
<td></td>
</tr>
<tr>
<td>(10 oz)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**pasta & other items**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price 1</th>
<th>Price 2</th>
<th>Description</th>
<th>Container Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baby Clams with Linguini Marinara</td>
<td>$17.99</td>
<td>$34.99</td>
<td>Fresh linguini smothered in a light marinara and loaded with baby clams.</td>
<td>10 oz</td>
</tr>
<tr>
<td>(10 oz.)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beef Stroganoff with Noodles</td>
<td>$29.99</td>
<td>$58.99</td>
<td>Old fashioned comfort food; lean tender beef in a rich <em>creamy</em> sauce over egg noodles.</td>
<td>12 oz</td>
</tr>
<tr>
<td>Cheese Ravioli with Marinara Sauce</td>
<td>$15.99</td>
<td>$30.99</td>
<td>Ravioli stuffed with four cheeses in a rich <em>marinara</em> sauce.</td>
<td>10 oz</td>
</tr>
<tr>
<td>Chicken Pot Pie – Family Size</td>
<td>$29.99</td>
<td></td>
<td>Flaky pastry, big chunks of white and dark meat with vegetables, all in a delicious gravy.</td>
<td>6 (8 Servings)</td>
</tr>
<tr>
<td>Crustless Spinach Quiche (Twin Pack)</td>
<td>$9.99</td>
<td>$19.49</td>
<td>Spinach quiche has fresh spinach in a fluffy egg dish. Prepared crustless for a healthy meal.</td>
<td>4 (8 Servings)</td>
</tr>
</tbody>
</table>

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pasta & other items (continued)

2 $17.99 4 $34.99
Cheese & Spinach Manicotti
A light yet satisfying dish of spinach, ricotta, pecorino and mozzarella cheeses, topped with a fresh marinara sauce. (11 oz.)

2 $21.99 4 $42.99
Chicken Fettuccini Alfredo
Handmade pasta, boneless tender chicken, cream, butter, Parmigiano Reggiano and seasonings go into this classic Alfredo dish, with fresh tender broccoli. (11 oz.)

2 $17.99 4 $34.99
Eggplant Parmigiana*
A customer favorite, eggplant smothered in tomato sauce and pesto, then covered with two cheeses and baked. (Add your own pasta for a very filling meal) (10 oz.)

2 $31.99 4 $61.99
Fire Roasted Vegetable En Croute*
A torte of grilled, sliced vegetables - mushrooms, sweet bell peppers, grilled eggplant slices and squash - layered with wheat berries, spinach, and pesto, in a decorated puff pastry. (8.5 oz.)

2 $12.49 4 $23.49
Macaroni and Cheese
This classic dish starts with a handmade elbow macaroni and gets liberally covered in a sauce of rich, creamy cheddar and Parmesan cheeses. (10 oz.)

2 $19.99 4 $38.99
Mama's Beef Lasagna
Vine-ripened tomatoes, garlic, onions, ground beef and melted cheeses layered with freshly made pasta sheets. (12 oz.)

2 $15.99 4 $30.99
Penne with Meatballs & Tomato Sauce
An old world recipe of traditional penne pasta & tender beef meatballs. (12 oz.)

2 $13.99 4 $26.99
Pesto & Cheese Flatbread
Basil, mozzarella cheese, freshly made flatbread, all hot out of the oven. Yum. (6 oz.)

2 $18.99 4 $36.99
Portabella & Shiitake Mushroom Ravioli
Mushy Portabellos and earthy Shiitake mushrooms stuffed in pasta and drenched in our delicious tomato sauce. The result is perhaps our best tasting pasta ever! (10 oz.)

2 $18.99 4 $36.99
Spinach Mushroom Lasagna with Pesto
Healthy & light summer lasagna with mushrooms, spinach and a layering of pesto. (10 oz.)

2 $24.99 4 $48.99
Shrimp Fettucine Alfredo
Homemade fettucine and juicy shrimp cloaked in a rich, creamy parmesan cheese sauce. (10 oz.)

2 $13.99 4 $26.99
Verdura Gourmet Artisan Flatbread with Kalamata Olives
A light vegetable pizza. Makes a great snack or a light meal. (5.7 oz.)

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sides

Single-Serving Side Dishes
Each set includes all 4 sides (6 oz. each)

1 set | $24.99
2 sets | $47.99

1. Broccoli & Cauliflower with Cheese Sauce
2. Buttered Carrots
3. Rice with Mixed Vegetables
4. Mashed Potatoes

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2. Rice Pilaf
2. Creamy Spinach
3. Fresh Cut Corn Medley
4. Rosemary Potatoes

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1. **Whole Grain Rolls**
   - Tasty, healthy rolls are perfect alongside our incredible soups! (2.6 oz.)
2. **French Bread**
   - Crispy and crusty on the outside, soft and chewy on the inside...try our classic French baguette! (3 oz.)
3. **Apple & Sage Stuffing**
   - Traditional spices, apple sauce and sage. Expect lots of flavor — and lots of memories, too. (6 oz.)
4. **Broccoli, Peas & Corn**
   - Just like Mom used to make! Rich cheese sauce over crisp vegetables. (6 oz.)
5. **Broccoli, Peas & Corn**
   - Fresh, colorful vegetables simply prepared — this is a classic, simple side with lots of flavor. (6 oz.)
6. **Brussels Sprouts with Bacon**
   - Cooked just right, these Brussels Sprouts are tender and slightly crispy. We pair them with bacon, and they are a sensation! (6 oz.)

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1. **Buttered Carrots**
   - Sliced new carrots in a healthy broth/butter sauce. Sweet, crisp and tender. (6 oz.)
2. **Cornbread Blueberry Toaster Cakes**
   - As a side or a dessert, these easy delicious cakes are a hit! (4 oz.)
3. **Cranberry Orange Sauce**
   - 8-oz. container of cranberry sauce with a touch of orange to brighten the flavor. (2 oz.)
4. **Creamy Cheese Noodles**
   - A simple dish of egg noodles with a mild cheese sauce. (6 oz.)
5. **French Green Beans with Mushrooms & Cream Sauce**
   - Rich and delicious, this veggie dish will have everyone coming back for more. (6 oz.)
6. **Fresh Cut Corn Medley**
   - Leave the cans of soggy veggies in the cabinet for a rainy day, and enjoy this fresh, crispy corn mixed with sweet peppers and onions. (6 oz.)

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1. **Whole Grain Rolls**
2. **French Bread**
3. **Apple & Sage Stuffing**
4. **Broccoli, Peas & Corn**
5. **Brussels Sprouts with Bacon**
6. **Buttered Carrots**
7. **Cornbread Blueberry Toaster Cakes**
8. **Cranberry Orange Sauce**
9. **Creamy Cheese Noodles**
10. **French Green Beans with Mushrooms & Cream Sauce**
11. **Fresh Cut Corn Medley**

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Prices may vary by location:
- **$3.99**
- **$7.99**
- **$11.99**
- **$15.99**
- **$19.99**
- **$22.99**
- **$24.99**
- **$29.99**

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**Best Seller**
### Single Serving Side Dishes

- **1. Broccoli, Peas & Corn**
- **2. Green Beans with Mushroom Cream Sauce**
- **3. Orzo & Spinach with Caponata Sauce**
- **4. Scalloped Potatoes**

### Sides

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
<th>Serving Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Herb Focaccia Bread</td>
<td>$4.49</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Haluski Kapusta</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Magic Mashed Potatoes</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Orzo &amp; Spinach with Caponata Sauce</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Pesto &amp; Cheese Flatbread</td>
<td>$13.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Polenta with Spinach &amp; Roasted Peppers</td>
<td>$13.99</td>
<td>(5.7 oz.)</td>
</tr>
<tr>
<td>Rice Pilaf</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Rice with Mixed Vegetables</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Rosemary Potatoes</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Scalloped Potatoes</td>
<td>$12.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Spinach, Creamy</td>
<td>$24.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Stuffed Baked Potato</td>
<td>$13.99</td>
<td>(7 oz.)</td>
</tr>
<tr>
<td>Sweet Potatoes, Mashed</td>
<td>$11.99</td>
<td>(6 oz.)</td>
</tr>
<tr>
<td>Turkey Gravy</td>
<td>$5.99</td>
<td>(4 oz.)</td>
</tr>
<tr>
<td>Verdura Gourmet Artisan Flatbread with Kalamata Olives</td>
<td>$13.99</td>
<td>(5 oz.)</td>
</tr>
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</table>

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Desserts

- Carrot Cake*
  Chef prepared and made with the highest quality ingredients. This Carrot Cake is perfect! (4 oz.)

- Carrot Zucchini Walnut Muffins
  The best muffin you’ll ever eat... a little bit sweet and a little bit savory. (4 oz.)

- Chocolate Ganache Cake
  Dark, moist chocolate cake is layered with velvety chocolate ganache, an irresistible treat. (4 oz.)

- Cinnamon Raisin Bread Pudding
  Old fashioned melt-in-your-mouth bread pudding topped with the best caramel-rum sauce in town! Oh so good. (4 oz.)

- Double-Fudge Brownie
  Rich, dense, and chewy. It doesn’t get better than this! A chocolate lover’s treasure. (2 oz.)

- Dutch Apple Pie
  Topped with a cinnamon brown sugar streusel, our Dutch Apple Pie will wow you with its naturally sweet flavor in every bite. (7 oz.)

- Hamantaschen
  Little three-cornered pastries filled with fruit filling. This is a variety pack with four fillings: raspberry, apricot, cherry, and strawberry. (1.9 oz.)

- Lemon Tarte (Family Size)
  The “joie” of lemon in every bite of this 8” tart is incredible. (2.75 oz.)

- Pucker Up Lemon Loaf
  If you are looking for a classic homestyle dessert that is easy to serve with little mess, look no further. Simple, lemony goodness. (4 oz.)

- Panna Cotta - Signature Dessert
  Chilled Italian custard topped with a raspberry glaze that is an authentic recipe direct from Italy. (4 oz.)

- Raspberry Rhubarb Pie
  Unwrap, heat and devour! Deep-dish 4-inch fruit pies, warm from the oven in minutes. Perfect when you’re going solo for dessert. (7.5 oz.)

- Ricotta Cheesecake
  A light and airy New York style ricotta cheesecake with a chocolate crust. (3.75 oz.)

- Tiramisu
  TP’s Italian cake is heaven on a spoon! Enough said! (4 oz.)

- U-Bake Apple-Raisin Strudel
  Imagine the aroma of a baking apple-raisin strudel filling your house. (5 oz.)
# Bestselling Bundles

<table>
<thead>
<tr>
<th>Meals for One #1 (8 Meals)</th>
<th>Meals for One #2 (8 Meals)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>with Desserts</strong> $159.99</td>
<td><strong>with Desserts</strong> $145.99</td>
</tr>
<tr>
<td><strong>without Desserts</strong> $144.99</td>
<td><strong>without Desserts</strong> $124.99</td>
</tr>
</tbody>
</table>

**Meals:**
- Stuffed Chicken Ana Luisa, Broccoli & Cauliflower with Cheese Sauce
- Beef Bourguignon, Mashed Potatoes
- Chicken Fettuccine Alfredo, Verdura Artisan Flatbread
- Fire Roasted Vegetables En Croute
- Stuffed Chicken Ana Luisa, Rice with Mixed Vegetables
- Beef Bourguignon, Buttered Carrots
- Chicken Fettuccine Alfredo, Verdura Artisan Flatbread
- Fire Roasted Vegetables En Croute

**Dessert:**
- Double Fudge Brownie (2 servings)
- Pucker Up Lemon Loaf (2 servings)

**Meals for One #3 (8 Meals)**

<table>
<thead>
<tr>
<th>Meals for One #3 (8 Meals)</th>
<th>Meals for One #4 (8 Meals)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>with Desserts</strong> $149.99</td>
<td><strong>with Desserts</strong> $159.99</td>
</tr>
<tr>
<td><strong>without Desserts</strong> $129.99</td>
<td><strong>without Desserts</strong> $139.99</td>
</tr>
</tbody>
</table>

**Meals:**
- Beef Stroganoff with Noodles, Broccoli, Peas & Corn
- Chicken & Artichoke with Spinach, Scalloped Potatoes
- Spinach & Mushroom Lasagna, Fresh Herb Focaccia
- California Beef Stew, French Bread
- Beef Stroganoff, French Green Beans in Mushroom Cream Sauce
- Chicken & Artichoke with Spinach, Orzo w/Spinach Caponata
- Spinach & Mushroom Lasagna, French Bread
- California Beef Stew, Fresh Herb Focaccia

**Desserts:**
- Hamantashen (4 fruit-filled pastries)
- Carrot Cake (2 servings)

**Meals for One #4 (8 Meals)**

<table>
<thead>
<tr>
<th>Meals for One #4 (8 Meals)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>with Desserts</strong> $159.99</td>
</tr>
<tr>
<td><strong>without Desserts</strong> $139.99</td>
</tr>
</tbody>
</table>

**Meals:**
- Chicken Cordon Bleu, Creamy Spinach
- California Beef Stew, Rice Pilaf
- Shrimp Fettucini Alfredo, Pesto & Cheese Flatbread
- California Beef Stew, Rosemary Potatoes
- Shrimp Fettucini Alfredo, French Bread
- Eggplant Parmigiana, Pesto & Cheese Flatbread

**Desserts:**
- Ricotta Cheesecake (2 servings)
- Chocolate Ganache Cake (2 servings)

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**ALL “MEALS FOR ONE” MAIN COURSES & SIDE DISHES ARE SPECIALLY PACKAGED FOR INDIVIDUAL DINING.**

<table>
<thead>
<tr>
<th>Comfort Food Bundle (4 Meals)</th>
<th>Customer Favorites Bundle (4 Meals)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2 Servings</strong> $169.99 w/o dessert</td>
<td><strong>2 Servings</strong> $179.99 w/o dessert</td>
</tr>
<tr>
<td><strong>4 Servings</strong> $389.99 w/o dessert</td>
<td><strong>4 Servings</strong> $359.99 w/o dessert</td>
</tr>
</tbody>
</table>

**Meals:**
- Beef Stroganoff, Creamy Spinach
- Cheese & Spinach Manicotti, Pesto & Cheese Flatbread
- Sliced Beef Brisket, Sweet Mashed Potatoes, Buttered Carrots
- Roast Turkey with Gravy, Apple & Sage Stuffing, Cranberry Sauce, Magic Mashed Potatoes

**Dessert:**
- Tiramisu
- U-Bake Apple Strudel

**Meals:**
- Chicken Ana Luisa, Fresh Cut Corn Medley
- Shrimp Fettucini Alfredo, Pesto & Cheese Flatbread
- Smoked Pork Loin, Macaroni & Cheese
- Sliced Beef Brisket, Stuffed Baked Potato, French Green Beans in Mushroom Cream Sauce

**Desserts:**
- Panna Cotta (a double order)
- Double Fudge Brownie

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**Prices and information subject to change and accurate at time of publication.**

**To Order:** 1-877-51-MAGIC (1-877-516-2442) | www.MagicKitchen.com

**Bundles are pre-selected items from our HomeStyle Menu and are available with or without desserts. Choose a preselected bundle or create your own meals from our items in Main Courses, Side Dishes, Soups, & Desserts.**
Our chefs and dietitians continue to expand this nutritious line of simple-to-prepare meals designed to promote good health.

Our 11 meal packs, which include 7 different meals, meet various dietary requirements:
- Low sodium
- Diabetic-friendly
- Portion-controlled
- Renal (CKD Stage 3&4)*
- Dialysis-friendly*
- Nutritional balanced

### BREAKFAST Meal Pack 1

<table>
<thead>
<tr>
<th>Meal</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Egg Patty, Waffle and Sausage, Sweet Potatoes and Cinnamon Apples</td>
<td>$11.50</td>
</tr>
<tr>
<td>2</td>
<td>Cheese Omelet, Broccoli and Apples</td>
<td>$11.50</td>
</tr>
<tr>
<td>3</td>
<td>Sausage and French Toast, Hashbrowns and Applesauce</td>
<td>$11.50</td>
</tr>
<tr>
<td>4</td>
<td>Plain Omelet, Sweet Potatoes and Broccoli</td>
<td>$11.50</td>
</tr>
<tr>
<td>5</td>
<td>Vegetable Scramble and Turkey Links, Mushrooms, Onions and Peppers</td>
<td>$11.70</td>
</tr>
<tr>
<td>6</td>
<td>Pancakes with Apples and Turkey Sausage, Red Potatoes and Apples</td>
<td>$11.70</td>
</tr>
<tr>
<td>7</td>
<td>Denver Scramble with Turkey Ham, Peppers, Potatoes and Pineapple</td>
<td>$11.70</td>
</tr>
</tbody>
</table>

### BREAKFAST Meal Pack 2

<table>
<thead>
<tr>
<th>Meal</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Fried Egg Patties with Sweet Potatoes and Asparagus</td>
<td>$11.50</td>
</tr>
<tr>
<td>2</td>
<td>Breakfast Scramble, Hash Browns and Asparagus</td>
<td>$11.50</td>
</tr>
<tr>
<td>3</td>
<td>Cheese Omelet, Broccoli and Apples</td>
<td>$11.50</td>
</tr>
<tr>
<td>4</td>
<td>Whole Grain Pancakes and Sausages, Sweet Potatoes and Cinnamon Apples</td>
<td>$11.50</td>
</tr>
<tr>
<td>5</td>
<td>Cheese Omelet with Salsa, Hash Browns and Broccoli</td>
<td>$11.50</td>
</tr>
<tr>
<td>6</td>
<td>Plain Omelet, Sweet Potatoes and Broccoli</td>
<td>$11.50</td>
</tr>
<tr>
<td>7</td>
<td>Scrambled Egg Whites and Turkey Ham, Potatoes with Bell Pepper and Onions</td>
<td>$11.70</td>
</tr>
</tbody>
</table>

*MK Signature Meals*

“MK Signature Meals” are our premium line of complete meals, denoted with a special icon. These meals are designed to be nutritionally balanced and appropriate for various special diets. Special care is taken to use top quality ingredients and to ensure the meals are extra tasty and flavorful.

**Meal pack information is subject to change without notice. Information accurate at time of publishing.**
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**Meal Pack 1 (SQ)**

- Beef Pot Roast with Red Wine Sauce over Noodles, Carrots and Green Beans: $13.00
- Apple Glazed Pork and Sweet Potato Hash over Cabbage with Raisins: $12.00
- Grilled Chicken Breast with Hickory BBQ, Sweet Potato Hash and Broccoli: $12.00
- Rotini Pasta with Mediterranean Vegetables and Basil Marinara: $12.00

**Meal Pack 2 (SQ)**

- Beef with Smoky BBQ Sauce over Rice with Corn and Green Beans: $12.00
- Tangerine Orange Chicken Breast with Stir Fry Vegetables and Brown Rice: $12.00
- Turkey Mushroom Sauce Over Rotini with Spinach: $12.00
- Honey Garlic Sesame Chicken Breast Over Lo-Mein Noodles, Snap Pea Stir Fry: $12.00

**Meal Pack 3**

- Beef Bourguignon, Brown Rice and Broccoli: $14.50
- Chicken Parmigiana, Rice and Carrots: $12.50
- Roast Turkey with Gravy, Mashed Potatoes with Peas and Carrots: $12.50
- Eggplant Parmigiana and Polenta with Spinach: $12.00
- Crab Cake, Brown Rice and Mixed Vegetables: $14.00
- Meatloaf and Tomato Sauce, Brown Rice with Peas and Carrots: $12.50
- Spinach Mushroom Lasagna and Garlic Green Beans: $12.00

**Pack Averages:**

- Calories
- Carbs
- Sodium
- Protein

**Preparation:**

- Made with highest quality ingredients
- Hand-prepared by our chefs

**Healthy and flavorful**
Meal Pack

**Seafood**

**NO MEAT**

**PACK AVERAGES:**
- Calories 367
- Carbs 33g
- Sodium 576mg
- Protein 26g

*RENAI FRIENDLY  DIALYSIS FRIENDLY*

$89.99

**Meal Pack 4**

1. Tilapia and Rice Pilaf with Mushroom and Artichoke - $13.50
2. Salmon and Vegetable Linguini - $21.00
3. Tilapia with Miso Ginger, Black Beans, Rice with Peas and Carrots - $21.00
4. Salmon Caponata, Orzo and Spinach - $14.00
5. Crab Cake, Brown Rice and Mixed Vegetables - $14.00
7. Eggplant Parmigiana and Polenta with Spinach - $12.00

Meal Pack 5

1. Brushetta Chicken with Red Skin Potatoes and Green Beans - $11.50
2. Chicken Patty and Penne Pasta Alfredo, Carrots and Corn with Peppers - $11.50
3. Beef Meatballs and Shell Pasta with Alfredo Sauce, Green Beans and Corn - $11.50
4. Chicken Patty with Rosemary Gravy, Apples and Spring Vegetables - $11.50
5. Honey BBQ Chicken Patty, Sweet Potatoes and Broccoli - $11.50
6. Meatballs with Rice and Gravy, Peas, Carrots and Cauliflower - $11.50
7. Grilled Pesto Chicken Patty, Carrots and Brussels Sprouts - $11.50

Meal Pack 6

1. Meatballs with Rice and Gravy, Peas, Carrots and Cauliflower - $11.50
2. Breaded Chicken Patty, Spring Vegetables and Corn - $11.50
3. Breaded Fish Wedge, Green Beans and Cauliflower - $11.50
4. Cheese Manicotti with Alfredo Sauce, Broccoli, Four Season Vegetables - $11.50
5. Lasagna with Meat Sauce, Mixed Greens and Corn with Peppers - $11.50
6. Three Cheese Ravioli and Spinach Alfredo, Broccoli and Mixed Vegetables - $11.50
7. Beef Meatballs and Shell Pasta with Alfredo Sauce, Green Beans and Corn - $11.50

Meal pack information is subject to change without notice. Information accurate at time of publishing.
Meal Pack 7

PACK AVERAGES:
Calories 323
Carbs 35g
Sodium 424mg
Protein 25g

$79.99

1. BBQ Chicken Drumsticks, Brussels Sprouts, Black Beans and Corn
2. Pepper Beef Patty with Brown Gravy, Sweet Potatoes and Mixed Greens
3. Grilled Chicken with Florentine Rice, Asparagus and Carrots
4. Beef Patty Over Cheesy Chipotle Rice, Broccoli and Corn
5. Baked Fish and Alfredo Spinach Sauce, Sweet Potatoes and Cauliflower
6. Veal Parmesan with Carrots and Green Pea Blend
7. Florentine Stuffed Shell and Meat Sauce, Northern Beans and Spring Vegetables

Meal Pack 8

PACK AVERAGES:
Calories 320
Carbs 35g
Sodium 546mg
Protein 23g

$79.99

1. Whole Grain Spaghetti and Beef Meatballs, Broccoli, Zucchini and Carrots
2. Diced Chicken with Teriyaki Sauce, White Rice, Japanese Blend Vegetables and Carrots
3. Homestyle Meatloaf Slices with Onion Brown Gravy, Mashed Potatoes and Vegetables
4. Santa Fe Chicken with South West Sauce, Lemon Cilantro Brown Rice and Mixed Vegetables
5. Swiss Style Beef Patty with Mashed Potatoes, Carrots and Cabbage
6. Beef Swedish Meatballs with Whole Grain Rotini, Carrots and Cabbage
7. Roast Turkey with Gravy, Sweet Potatoes and Green Beans

Meal Pack 9

PACK AVERAGES:
Calories 323
Carbs 35g
Sodium 506mg
Protein 23g

$79.99

1. Mac & Cheese with Spinach, and California Blend Vegetables
2. Chicken Fillet with Honey Mustard Sauce, Herbed Quinoa, California Blend Vegetables
3. Diced Chicken with Marsala Sauce with Penne, Broccoli, Zucchini and Red Bell Peppers
4. Diced Chicken with Rotini Pasta in Pesto Sauce, Broccoli and Carrots
5. Roast Pork with Ginger Glaze, Rice Pilaf with Mushrooms and Vegetables
6. Beef Stroganoff with Rotini Pasta, Broccoli and Mixed Vegetables

* RENAL FRIENDLY  * DIALYSIS FRIENDLY

Meals pack information is subject to change without notice.
Information accurate at time of publishing.
How to Order

Order online: www.MagicKitchen.com
24 hours a day | 7 days a week!

Order by phone or by fax:
Toll Free: 1-877-51-MAGIC (1-877-516-2442)
Fax: 816-492-3221
International: 816-492-3220

Mon–Fri: 7am – 7pm CT
Holidays & Weekends: 8am – 2pm CT

Delivery costs are based on the weight of the order and distance shipped. To calculate actual shipping costs please go to our website or contact our order department.

Each individual item includes cooking instructions, ingredients, and nutritional information. This information is also available on the website.

1-877-51-MAGIC
www.MagicKitchen.com