



Summer 2025

*MagicKitchen.com's Seasonal Newsletter for the best in Delicious Healthy Meals, Delivered*

## President's Table

The crackle of the grill, laughter echoing across backyard BBQs and park picnics—summer is here, and it's serving up joy in every moment. But let's be real: between beach days and baseball games, who has time to cook?

That's where MagicKitchen.com steps in. We're all about making summer simpler, healthier, and way more delicious with our chef-crafted meals—ready when you are. No sweating over a hot stove. No fussing with grocery lists. Just real food, real fast... and yes, we're bringing the BBQ 🔥.

Check out our new summer-inspired recipe featuring our smoky, tender BBQ Sliced Beef Brisket. We've turned it into a crisp green salad that's light, satisfying, and perfect for warm-weather meals. It's everything you love about BBQ—without even firing up the grill.

From bright seasonal favorites to hearty comfort foods, we've handpicked meals that keep summer stress-free and full of taste. So kick back, relax, and let MagicKitchen.com help you serve up sunshine on a plate. Your next healthy, delicious meal is just a click away.

Thank you for being a part of our kitchen family. Here's to BBQ, breeze-filled days, and a summer full of flavor!

*Michelle Tayler*

President



*Greg Miller*

CEO

[www.magickitchen.com](http://www.magickitchen.com)

hello  
*Summer*

"Barbecue  
may not be  
the road to  
world peace,  
but it's a  
start." -  
Anthony  
Bourdain

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## Healthy & Delicious

### Handpicked summer meal favorites for you!



#### **BBQ Pork Rib Pattie, Cubed Sweet Potatoes, Turnips with Roots**

Delicious BBQ Pork Rib Pattie, slathered in tangy sauce. It's perfectly complemented by naturally sweet cubed sweet potatoes and turnips.



#### **Breaded Fish, Lima Beans, Corn and Red Peppers**

Prepared flaky, tender fish in a perfectly seasoned, crispy coating, with a colorful trio of nutritious sides: creamy, buttery lima beans, naturally sweet kernel corn, and red peppers



#### **Creole Fish, Tomato Herb Sauce with Rice, Cauliflower and Green Beans**












Seasoned tender fish, cooked to flaky perfection, and paired it with a rich, aromatic tomato herb sauce

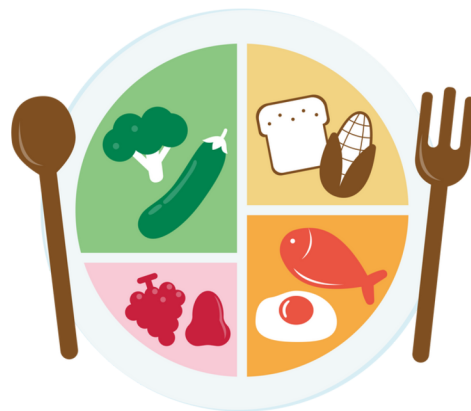


#### **Cheddar Mac & Beef, Peas, Peppers, Onions and California Blend**

Creamy, rich cheddar macaroni and cheese is perfectly blended with savory, seasoned beef and served with a nutritious medley of peas, peppers & onions and California blend

Check out our wide variety of medically-tailored meals to meet various dietary requirements such as:

-  Low Sodium
-  Diabetic-Friendly
-  Dialysis-Friendly
-  Renal (CKD Stages 3&4)
-  Portion-Controlled
-  Dysphagia
-  Dairy Free
-  Gluten Free
-  Low Fat
-  Low Carb
-  Vegetarian







## Beyond Beef!

Stepping into delicious new territory, we're thrilled to introduce our Penne Bolognese featuring Beyond Beef! This delightful dish blends hearty penne pasta with savory, plant-based Beyond Beef and a rich, creamy marinara sauce. It's not just incredibly tasty; it's also a fantastic choice for healthy eating and nutrition, thoughtfully crafted to support low-sodium meal plans and perfectly suited for your busiest days.



## Mango Carrot Apple Smoothie



Get ready to taste the vibrant blend of sunshine and earth with our latest smoothie for sale on the website! Our new Mango Carrot Apple smoothie is a delightful burst of sweet mango, crisp green apple, and a subtle hint of earthy carrot. Packed with nutritious chia seeds, it's a naturally energizing and delicious way to fuel your day and get your healthy glow on!

## Celebrations & Thoughtful Gift Certificates!

Summer's here, bringing graduations, Father's Day, birthdays, and more! For all these sunny celebrations, explore our ready-made gifts. Our decadent desserts and easy dinner meals are thoughtful treats, or simply give a gift certificate and let them choose.



**Show Your Care – Give the Gift of MagicKitchen.com!**



# Simple Summer BBQ Brisket Salad

## Ingredients

- 1 svg MagicKitchen.com BBQ Sliced Beef Brisket
- 2–3 cups green lettuce (romaine or leaf lettuce)
- ½ cup cherry tomatoes, halved
- ¼ cup shredded cheddar cheese (or your favorite cheese)
- Optional: bottled ranch or vinaigrette dressing

## Instructions

1. Heat the Brisket according to package directions.
2. Warm up the brisket according to the package directions. Slice into bite-sized strips or chunks.
3. Make the Salad
4. Place lettuce in a bowl. Top with cherry tomatoes and shredded cheese.
5. Add the Brisket
6. Place warm brisket on top of the salad.
7. Dress It Up
8. Drizzle with your favorite dressing—ranch pairs great with BBQ flavors, or use a light vinaigrette if you prefer.



✓ Verified

### Pleased

Almost all the meals I've gotten were great. Easy ordering and shipping is fast. Meals are very convenient to send as a gift. Especially appreciated by those who are ill and don't have the energy to shop and cook.

Date of experience: May 31, 2025



✓ Verified

### These were ordered for my 93 year old...

These were ordered for my 93 year old mother. She is enjoying the meals she selected and she is able to heat them up herself.

Date of experience: May 20, 2025



✓ Verified

### Great gift idea!!!

I've sent Magic Kitchen gifts to lots of people, and I always get rave reviews. Good job, Magic Kitchen!

Date of experience: May 16, 2025



## Magic Cups & Mighty Shakes

✦ FORTIFIED DESSERTS ✦



**MAGIC CUP® frozen dessert** is like ice cream when frozen but is a pudding after thawing. It's a great option for adding calories and protein for those experiencing involuntary weight loss. Enhanced with skim milk and milk protein concentrate, MAGIC CUP® is rich in branched-chain amino acids, notably leucine, which has been associated with muscle growth. MAGIC CUP® desserts are a truly a secret weapon to fight malnutrition

**MightyShakes®** are a great option for adding dietary calories and protein. Available in 4 ounce servings and comes in original and Reduced Sugar options. Simply thaw and serve or chill and serve.